

# Shannagh-More



**Shannagh-More House**

Shannagh-More Outdoor Education Centre is set in fifty acres of beautiful gardens, woodland and mountainside. The grounds stretch from the Mourne Mountains above Shannagh-More to the Irish Sea below.

The Southern Education and Library Board have added modern buildings and facilities to the 1920's granite-built house and grounds to make Shannagh-More an ideal base for your mid-week or weekend residential. Improvements completed include access, toilet and shower facilities for people with physical disabilities.

Shannagh-More has sleeping accommodation in two, four, six and eight bedded rooms. Visiting groups can also use one of the camp-sites in the grounds.

The staff are friendly, flexible and highly qualified, with many years of experience and training in outdoor education and personal and social development work with young people.

The holiday town of Newcastle is close by, with beaches and tourist attractions. Tollymore and Castlewella Forest Parks and Murlough Nature Reserve are all within easy reach in the Centre's modern minibuses.

Some groups come to the centre for residential packed with activities. Others may want to do their own programme. It is up to you. Activities are planned with the visiting leaders and participants and can include:-

- |                   |                       |
|-------------------|-----------------------|
| Abseiling         | Archery               |
| Adventure Walks   | Barbecues             |
| Beach Walks/Games | Bouldering            |
| Canoeing          | Climbing Wall         |
| Forest Walks      | Hillwalking           |
| Kayaking          | Nightline/Night Walks |

## WHAT ELSE DO WE OFFER:

- International Exchanges and summer camps
- Community Relations and EMU residentials
- Support for Field Study groups
- Art, crafts, dance, drama, music, photography, poetry, radio, tai chi, youth work .....
- Environmental exploration including wind and photovoltaic energy generated on site.

## TRAINING, TESTS, AWARDS AND CERTIFICATES

Training and assessment can be provided for:-

- ELB Outdoor Leadership Levels, eg hillwalking, Orienteering
- GCSE PE Modules in orienteering, hillwalking, canoeing
- Rescue Emergency Care First Aid training
- Duke of Edinburgh's Award Expedition Training
- Explorer Challenge (orienteering skills)
- Aiming High (hillwalking and camping skills)
- Canoe and Kayak Star Tests
- John Muir Award (exploration and conservation)
- Shannagh-More Achievement Certificate



**Bouldering near Shannagh-More**

## SHANNAGH-MORE CAMPSITE

Shannagh-More has a very pleasantly sheltered campsite and barbecue area, approximately 150 metres from the centre buildings. Groups may also camp next to the dining hall or main house. This is a great venue for Scout/Guide camps or for groups with their own outdoor activity and camping leaders.

Camping groups can be self-catering or can book meals in the dining hall. Groups can also be either

Orienteering  
Ropes course  
Horseriding (at extra cost)

Rockclimbing  
Wildlife exploration

### SAFETY AT SHANNAGH-MORE

All residents, and their parents, can be sure that the greatest care and attention is given to the safety, welfare and happiness of participants, on the part of all the staff, during their stay at Shannagh-More.

The SELB and the centre have safety policies and procedures that ensure that all staff follow good practice at all times. Particular attention is paid to prevailing and potential weather conditions and to safe practice in all activities. The instructors ensure that the young people are suitably dressed and equipped. Sheltered locations in the forest parks and in our own grounds are available when the weather is poor.



Shannagh-More Lake

### PERSONAL AND SOCIAL DEVELOPMENT AT SHANNAGH-MORE

At Shannagh-More we provide young people with an opportunity for personal and social development. Special experiences are generated at Shannagh-More such as being challenged, trying something new, choosing activities, achieving tasks, developing new interests, having something exciting to talk about, and making and developing friendships. Young people gain confidence and pride in themselves and their friends.

Personal and social development in Shannagh-More is more than activities. Activities can be used to help young people explore issues such as responsibility, personal reflection, self-esteem, relationships, decision-making, teamwork and communications. Creative use of the outdoors allows young people to increase awareness of themselves and their environment in a way that is fun!

self-programming, or can arrange at the time of booking to have instructed activity sessions.



Shannagh-More Ropes Course

### BINNIAN CENTRE

Binnian is a comfortable centre at the foot of Slieve Binnian on the Head Road, five kilometres from Annalong. It was once a primary school but has been converted into a very pleasant, comfortable residential base. It is available for mainly self-programming groups. Outdoor clothing and equipment can be provided from the Shannagh-More store.

Sleeping accommodation is for eighteen, in two rooms of eight and ten beds. Leader bedrooms and new toilets and showers are being added in early 2005. The centre also has a common room and fully equipped kitchen.

Binnian Centre is ideal for any group wanting to explore the mountains and the Kingdom of Mourne.



Binnian Centre

### HOW TO MAKE A BOOKING

If you require further details or booking information on either Shannagh-More or Binnian please contact us at:-

Shannagh-More O E Centre, The Ballagh, Kilkeel Road, Newcastle, BT33 OLA

Tel: 028 4372 3841 or 4372 2341

Fax: 028 4372 6602

Email: [nan.aulds@selb.org](mailto:nan.aulds@selb.org) or [grace.orr@selb.org](mailto:grace.orr@selb.org)

Web: [selb.org](http://selb.org)

