

FUNDAMENTAL MOVEMENT SKILLS

Preparing Children for an active and healthy lifestyle

*This two-day course will involve practical workshops using
'The Fundamental Movement Skills Teacher Resource'.*

*The importance of how FMS can be learned Through Play and Everyday
Classroom Activities will be addressed and teachers will be provided with
practical ideas about how to appropriately plan, deliver and assess
children's movement development both within the classroom and
during their physical education lessons.*

Venue: Balmoral High School

Date: Tuesday 18th & Wednesday 19th August, 2009

Target

Audience: Foundation and Key Stage 1 Teachers

Each Participant Receives

- A FMS Teacher Resource package (this includes two manuals and a DVD)
- A certificate of participation in the FMS Teacher Professional Development
- Practical activities for classroom application



Suitable clothing/footwear to be worn for light practical activities

***For further information and registration
log on to the RTU website: rtuni.org.
Closing date is Friday 19th June, 2009***