

## **PERSONAL, SOCIAL & HEALTH EDUCATION**

### **EUROKIDS (TV)**

CH4 15 mins age: 9-14

*Provides the opportunity for children to see themselves as Europeans within a social, linguistic and cultural context.*

TC 1741	Setting the scene – border crossing	TE 1067	In Italy
		TE 1146	In Spain
TC 1827	Europeans at school – schule daze	TE 1226	In Germany
TC 1899	Europeans at work – schule’s out	TE 1307	Euro language
TE 1963	Europeans at leisure – time out	TE 1389	France – the disco
TE 2054	Europeans at home – eurokids united	TE 1469	Germany – the fitness course
TE 0909	Getting the message	TE 1550	Spain – the picnic
TE 0985	In France	TE 1629	Italy – the school show

### **CITIZEN POWER (TV)**

CH4 25 mins age: 10-14

*Programmes on how the democratic process works at local and national level.*

TL 1004	Who rules	TL 1047	War and peace
TL 1017	Your rights	TL 1038	Your vote counts
TL 1026	Animals and us	TL 1049	Crime and punishment
TL 1035	One world		

### **FORUM (TV)**

CH4 20 mins age: 11-14

*Units on aspects of KS3 Citizenship which looks at human rights and responsibilities as well as world poverty.*

#### **WORLD DEBT**

TI 1146	Impact on the poor	TI 1244	Reducing world debt
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#### **ONCE UPON A PLANET**

TJ 1412	Drop the debt	TJ 1645	What a waste
TJ 1483	Fair trade	TJ 1713	Life on earth
TJ 1570	Staying cool		

#### **ALL TOGETHER NOW**

TL 0930	Fairness (social and cultural)	TL 0956	Democracy (political)
TL 0944	Freedom of speech (religious and moral)	TL 0963	Service (economic)
		TL 0975	Justice (legal)

### **CHILL OUT (TV)**

CH4 30mins age: 14-19 2008

*Mark Hamilton helps teenagers cope with stress*

TR 0083	Erica – Family life	TR 0091	Kerry – Packed schedule
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**FIND OSAMA (TV)**

CH4 60mins age: 11-19 2008

*Being Muslim does not equate with being a terrorist*

TR 0019 People with the name Osama

**HOW TO DUMP YOUR MATES (TV)**

CH4 25mins age: 13-16 2008

*Series in which psychologist Geoff Beattie gives teenagers the chance to leave their pals behind for ones they have more in common with*

TR 0266 Replacing friends

TR 0274 A Gay teenager

TR 0282 A tomboy image

TR 0286 Ambitious Adam

TR 0294 Break dancer

**KNTV SHOW (TV)**

CH4 25mins age: 11-16 2008

*Animated comedy following the adventures of two teenagers obsessed with heavy metal and science*

TR 0152 A cleaning frenzy

TR 0155 Dumped

TR 0156 Wrecking the school

TR 0161 Inheriting a car

TR 0165 Receiving a makeover

**KNTV SEX (TV)**

CH4 30mins age: 11-16 2008

*Comic animation providing an alternative take on sex education, presented by teenage geniuses Kierky and Nietzsche.*

TR 0233 The male body

TR 0241 The female body

TR 0248 Act of sex

TR 0252 Rules of attraction

TR 0260 Puberty

TR 0268 Pregnancy, childbirth and parenthood

TR 0278 Contraception and STIs

TR 0284 Sexuality

TR 0288 Fantasy, arousal and desire

TR 0300 Relationships

**SCHOOL TIES (TV)**

CH4 20 mins age: 11-14

*A comedy drama in three parts which tells the story of two mutually antagonistic school groups, one Protestant and one Catholic. The programmes are designed to support the themes of EMU and cultural heritage in Northern Ireland and to provide resource material for teachers concerned with listening skills of 11-14 year olds and drama.*

TI 1713 Part 1

TI 0837 Part 2

TI 1903 Part 3

**SHORT CIRCUIT (TV)**

BBC2 25 mins age: 14-16

*A look at some of the major scientific issues of today, their contentious aspects and the scientific information available to encourage informed debate.***HEALTH**

TK 1327 Fatal addiction

TK 1328 Message in a bottle

**PARENTS AND TEENS (TV)**

CH4 30mins age 13-19 2008

*Documentary series providing a portrait of family life from the differing perspectives of parents and their children.*

TR 0168 Family life  
 TR 0174 17 year old Natasha  
 TR 0182 A girl's problem  
 TR 0185 A compromise  
 TR 0191 A music producer

TR 0198 Mother and son  
 TR 0208 Dancing dream  
 TR 0214 Party loving student  
 TR 0218 13 year old Emma  
 TR 0228 More time with dad

**PEOPLE IN SOCIETY (TV)**

CH4 15 mins age: 12-14

*This series is a look at how contemporary society shapes and affects our lives. Each topic involves questioning those in authority so as to gain a better understanding of subject that affect young people.*

TG 1609 Willing and able – social needs  
 and disability  
 TG 1733 I am the law – protecting young  
 people  
 TG 1846 It's up to you – voting and  
 elections

TG 1936 All together now – decision  
 making and pressure groups  
 TG 2012 That's settled then – resolving  
 conflict

**STUDY IRELAND: CITIZENSHIP (TV)**

BBC2 25 mins 14-16

*Resources to support the proposed new curriculum for social, civic and political education in N.I. Places particular emphasis on the duties, responsibilities and rights which individuals have as citizens and examines ways in which young people can play an active and inclusive role in the life of their local communities and beyond.*

TI 1548 Price and fashion  
 TI 1576 Fermanagh Youth Shadow  
 Council

TI 1611 Pluralism  
 TI 1637 Policing  
 TI 1696 Human rights at school

**TAKE AWAY MY TAKEAWAY (TV)**

CH4 25mins age: 11-19 2008

*A 10-part series in which teenagers are taken to the country where their favourite takeaway originates.*

TR 0196 Pizza fanatics  
 TR 0204 Doner kebab  
 TR 0212 Indian food  
 TR 0216 Curry in Kerala  
 TR 0226 China

TR 0230 Texas and hamburgers  
 TR 0238 Fish and chips in Iceland  
 TR 0246 Fishing for squid  
 TR 0250 Industrial farm  
 TR 0258 Favourite moments

### **TOPICS FOR TUTORIALS (TV)**

BBC2 20 mins age: 11-14

*Provides provocative material for personal development, health and citizenship issues.*

TB 1194	The way people talk – girls about boys, boys about girls	TB 1765	Living with a handicap and Asian girl
TB 1269	Stealing – unfinished business	TB 1824	Money and just mum, my sister and me
TB 1345	Inside knowledge – fashion victim	TB 1879	Fund raising and fashion victims
TB 1420	Far away but not forgotten – if only I could	TC 1618	Kissing and spots
TB 1496	Odd one out	TC 1672	Attraction and argument
TB 1605	Street safe and parents	TC 1714	Jokes and shoes
TB 1685	It's your concern and what are you good at	TC 1800	Crying and death
		TC 1872	Smoking and smells

### **SCENE (TV)**

BBC2 30 mins age: 13-16

*Scene continues to offer original, dynamic programming that is never dull, often surprising and sometimes shocking.*

### **UNITED**

Drama on sectarianism and the young in Northern Ireland by Damien Gorman.

TG 1515 1 programme

### **JUNK**

Three-part drama on heroin addiction followed by one programme on racism.

TK 0701 – TK 0704 4 programmes

### **STONE COLD**

An adaptation of Robert Swindell's contemporary classic about young people and homelessness and one programme portraying the reality of life on the streets.

TK 0724 – TK 0727 4 programmes

### **DEAR NOBODY**

Three-part drama on school-age pregnancy and one programme on a teenage love affair.

TK 0720 – TK 0723 4 programmes

### **DRUGS: THE LOWDOWN ON GETTING HIGH (TV)**

CH4 60 mins age: 14-16

*A frank and informative look at the drugs most used by today's young people including testimonies from five ex-drug addicts.*

TQ 0386 1 programme

**STANDARD GRADE ENGLISH: JAWBOX (TV)**

BBC2 20 mins age: 14-16

*Issue-based programmes for project work and for listening, talking and writing.*

TE 0453	Private schools	TE 0538	Euthanasia
TE 0620	Charity	TE 0954	Nothing to do
TE 0702	Television censorship	TE 1043	Abortion
TE 0784	Care of the elderly	TE 1132	Monarchy
TE 0865	Carrying knives	TE 1220	Racism

**STUDY IRELAND: ENGLISH AND DRAMA (TV)**

BBC2 25 mins age: 14-16

*Five 25-minute programmes aimed at 14-16 year olds following the NI curriculum and GCSE courses. The series is relevant to courses in English language, literature, drama and media studies and PSE.*

TD 0880	The Armagh drama	TD 1116	The Belfast drama
TD 0957	Interpreting the Armagh drama	TD 1196	The making of the Belfast drama
TD 1037	The Derry drama		

**MY CRAZY LIFE**

CH4 25 mins age: 14-16

*Single documentaries focusing on exceptional teenagers.*

TP 0026	Cancer	TP 0045	Searching for Mr England
TP 0031	A foster child's life of crime	TQ 0134	Boy who killed his best friend
TP 0035	Aspergers Syndrome	TQ 0192	Fund my fame
TP 0039	Young Asylum seekers	TR 0357	Medical testing on animals

**TAKING ISSUE (TV)**

BBC2 20 mins age: 14-18

*A series of programmes exploring key religious beliefs and reactions to issues raised in reconstruction of real – life situations*

TH 0856	Identity and belonging	TH 0831	Is there life after death?
TH 0857	Sex before marriage	TH 0832	Wealth and poverty
TH 0858	Reconciliation	TH 0833	Euthanasia
TH 0859	Vegetarianism	TH 0834	Right or wrong
TH 0830	Does God exist?		

**TEENS ON TRIAL (TV)**

CH4 30 mins age: 14+

*A series in which young people who are indulging in a variety of anti-social activities are "TRIED" in an American-style "TEEN COURT" and judgement passed on them.*

TN 1108	Two shoplifters fool around in court	TN 1137	A graffiti artist vandal or creative force
TN 1116	Two serial Truants	TN 1150	A teenage binge drinker defends herself
TN 1128	Kay finds herself in court		

**CHILL OUT (TV)**

CH4 30 mins age: 14-19

*Dr Mark Hamilton's stress-busting techniques are used to help two teenagers.*

TQ 0092 Action plan TQ 0100 A 15 year old follows the plan

**BATTY MAN (TV)**

CH4 60 mins age: 14-19

*An observational documentary – the title of which is a derogatory term for homosexuals, in which actor and comedian Stephen K. Amos uses his own experiences as a black gay man to explore why homophobia still exists.*TQ 0340 Talking about homosexuality TQ 0349 Mum's gone gay  
TR 0181 Black attitudes to gays**BRITAIN'S DEADLIEST ADDICTIONS (TV)**

CH4 30 mins age: 14-19 2008

*Three people, each with an addiction – to alcohol, class 'A' or prescription drugs, attempt to tackle their problems at a leading detox clinic.*

TQ 0360 – TQ 0387 5 programmes

**COMING OUT TO CLASS (TV)**

CH4 60 mins age: 14-19

*The realities of coming out in Britain's schools are investigated by openly gay British rapper Marcos 'Qboy' Brito.*

TQ 0336 1 programme

**THE DAY I GOT THE SACK (TV)**

CH4 30 mins age: 14-19

*Mentoring, personal challenges and work experience help five 18-23 year olds who have been sacked or made redundant, to analyse what went wrong, rebuild and get back on track.*TQ 0232 A job in PR TQ 0258 A Banker  
TQ 0243 A footballer TQ 0268 Liverpool airport  
TQ 0249 Car manufacturer**DON'T MAKE ME ANGRY (TV)**

CH4 25 mins age: 14-19

*Four teenagers, working with a psychologist, use anger management to confront situations.*TP 0156 Anger outbursts TP 0180 A lack of discipline  
TP 0169 Depressed 16 year old TP 0189 Anger management  
TP 0176 A career for terminal ill

**GAY TO Z (TV)**

CH4 30 mins age: 14-19

*The lives of a range of young people who identify as lesbian, gay or bisexual, each of whom faces different issues, some related to their sexual orientation and others just a part of growing up.*

TQ 0317 – TQ 0348 5 programmes

**POWER TO THE PEOPLE (TV)**

CH4 30 mins age: 14-19

*Using archive footage, eyewitness accounts and expert opinions, this series examines what motivates protesters, the methods they use and their impact, and looks at the role of protest in democracies.*

TQ 0140 Examination of protests

TQ 0151 Anti globalisation

TQ 0156 Naked protest

TQ 0159 Punk protests

TQ 0167 A youth campaigner

**THE SEARCH FOR COOL (TV)**

CH4 60 mins age: 14-19

*Advertising man Martin Cole journeys across Britain in search of the meaning of ‘cool’.*

TQ 0114 The meaning of cool

**TEEN TABOOS (TV)**

CH4 30 mins age: 14-19

*Young people aged 16-18 talk frankly and openly about sex.*

TQ 0324 The big ‘O’

TQ 0333 Sex, teens and infections

TQ 0338 Am I normal?

TQ 0346 The condom question

TQ 0356 No sex please

**TEEN TROUBLE (TV)**

CH4 60 mins age: 14-19

*A look at teenage misbehaviour – it’s causes, media coverage and government action to tackle teenage crime and how improved relationships between adults and teenagers can be achieved.*

TQ 0359 Teen stereotypes

**WHO REALLY RUNS THE WORLD (TV)**

CH4 60 mins age: 14-19

*With each major news story conspiracy theories can occur. What are these theories, why are they so widespread, why are the theorists so firm in their beliefs and why are some people more likely to believe theories than others?*

TQ 0177 Conspiracy theories

**TV 6 (TV)**

BBC2 30 mins age: 15-19

*A wide variety of programmes previously broadcast on general output providing resources on specific subjects and for general studies.***ON THE ROAD**

TE 0843	Drugs	TE 1466	The family in question
TE 0932	Disability	TE 1555	Genetic engineering
TE 1021	Animal welfare	TE 1643	Racism
TE 1110	Euthanasia	TE 1733	Crime and punishment
TE 1198	The environment	TE 1788	Class
TE 1286	Community care	TE 1850	Censorship
TE 1369	Religion and culture	TE 1946	Sex

**LIVE NOW-PAY LATER (TV)**

CH4 25mins age: 16+

*How some young people fund their expensive lifestyles, mainly by getting into debt, and how they get on top of their problems.*

TO 0066	Credit cards	TO 0100	Young airline owner
TO 0078	Paying debts	TO 0113	Sponging off parents
TO 0091	Controlling debts		

**SWEET SIXTEEN (TV)**

CH4 25 mins age: 16+

*How sixteen year olds in Castleford in Yorkshire have taken action in controlling their future.*

TO 0025	Programme 1	TO 0049	Programme 4
TO 0037	Programme 2	TO 0057	Programme 5
TO 0044	Programme 3	TO 0058	Programme 6

**SCHOOL OF HARD KNOCKS (TV)**

CH4 25 mins age: 16+

*The role of Repton boys club in using boxing to impose discipline in teenage boys.*

TO 0302	Traveller family	TO 0313	Asian teenager
TO 0312	Dorset boxer		

**TALK BACK (TV) (see also Off Limits)**

CH4 20 mins age: 14-16

*The series of programmes is designed to support personal and social education work with older pupils but may also be a useful resource in oral work with English teaching.*

TA 1550	First impressions	TA 1820	Teamwork – collaboration
TA 1600	Questions	TA 1919	Relating events
TA 1675	Interviews	TA 1985	Presentations
TA 1746	Messages	TA 2016	Expressing yourself

**THAT'S MY LIFE (TV)**

CH4 5 mins age: 7-14

*Young people with disabilities talk about their lives and discuss how prejudice creates barriers for them.*

TK 0361	Carl, who has been blind from an early age	TK 0474	Christopher, who has Asperger's Syndrome
TK 0411	Stacy, who has Cerebral Palsy	TK 0556 TK 0639	Natalie, who has Down's Syndrome Elliot, who has Cerebral Palsy

**BEING DIFFERENT (TV)**

CH4 10 mins age: 9-13

*Children explain why they feel different to others and how being different affects them.*

TK 0425	I am different	TK 0654	My interests are different
TK 0489	My family's different	TK 0659	Surviving anorexia
TK 0571	My lifestyle's different		

**BATTLEFRONT TELEVISION (TV)**

CH4 30mins age: 13-19 2008

*Series following teenagers highlighting important issues*

TR 0307	Guns and knife crime	TR 0323	Negative body image
TR 0313	Smoking in cars	TR 0326	Road safety
TR 0317	Coffee cup waste in the UK		

**FAME ASYLUM (TV)**

CH4 55mins age: 11-19 2008

*Conceptual artist Richard Dedomenici attempts to change people's negative opinions by turning four asylum seekers into a boy band and attempting to launch them to pop stardom*

TR 0184	Asylum seekers
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**LIVING AND GROWING (TV)**

CH4 15 mins age: 10-13

*This version of the award-winning series focuses on physical and emotional growth and development, encouraging children to make sensible informed decisions about their sexual behaviour and helping them to discuss sexual matters.*

TC 0806	The same, but different	TC 1051	Making love
TC 0888	Boy to man, girl to woman	TC 1133	Forty weeks
TC 0970	It's perfectly normal	TC 1215	Being born

**FOCUS (TV)**

BBC2 20 mins age: 9-13

*A series of programmes on problems that affect young people.***BULLYING AND RELATIONSHIPS**

TE 0925	Sticks and stones	TE 1191	The box
TE 1014	Teamwork	TE 1279	The rhythm of Raz
TE 1103	Life		

## **FOCUS (TV) (continued)**

### **SOCIAL INCLUSION DRAMAS**

TK 0789	A fish out of water	TK 0918	Lion mountain
TK 0852	Who cares?		

### **GROWING UP (Issues explored through a blend of documentary, drama, photo stories and interviews)**

TK 1140	What's happening to me?	TK 1256	How are others behaving?
TK 1200	How am I behaving?		

### **CHAT ROOM**

TN 1019	Stereotypes	TN 1021	Self- esteem
TN 1020	Bullying		

### **CITIZENSHIP: BAND AID**

TL 0020	You've got the power (rights)	TL 0086	Getting on with it (active citizenship)
TL 0042	Give a little bit (responsibility)		

### **PERSONAL AND PERSUASIVE WRITING**

TL 0321	1 programme		
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### **THINK ABOUT IT**

TN 0305	Difference	TN 0469	Property
TN 0367	Mystery	TN 0511	Truth about pets
TN 0416	Disaster		

### **SUBSTANCE MISUSE (Three dramas about issues around substance use and misuse)**

TO 0976	Nobody tells me what to do (smoking)	TO 0990	Keep your mouth shut (drinking)
		TO 1013	It makes me feel good (drugs)

### **CITIZENSHIP: MINORITIES**

TP 0240	People like us	TP 0304	Black and British
TP 0274	A home from home		

## **LIFE STUDIES (TV)**

CH4 20 mins age: 13-19

*A series spanning a range of subject areas that are designed to support social and humanities studies.*

TM 7045	Marriage, the ties that bind	TM 7375	Alcohol: the drug we drink
TM 7140	Marriage, happy ever after	TM 7435	Alcohol: taking drink
TM 7229	Contraception: we are all young once	TM 7495	Anorexia: living with anorexia
TM 7303	Contraception: I never thought it could happen	TM 7554	What is your problem? – agony aunts

## **TURNING POINTS ID CAMPAIGN: ALCOHOL MISUSE (TV)**

BBC2 20 mins age: 11-14

*Highlights the consequences of alcohol misuse on young people's lives.*

TJ 0548 – TJ 0550	3 programmes		
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**TURNING POINTS: SEX EDUCATION 1 (TV)**

BBC2 20 mins age: 11-14

*This series puts into action the Health Authorities' conclusion that positive early intervention delays the onset of sexual activity. It addresses the need to emphasise how to ask for help and where to go, provide direct information and guidance and represent boys' feelings and views.*

TJ 0551	First sex	TJ 0553	Body image
TJ 0552	Sexually transmitted infection		

**ID: CITIZENSHIP (TV)**

BBC2 120 mins age: 11-16

*A series which emphasises the information and skills need in a citizen and which deals with important issues such as fairness, social justice, respect for democracy and diversity.*

TJ 1262	Blind eye	TJ 1264	Warning signs
TJ 1263	Some things I don't know	TJ 1265	Beyond the boundary

**LIFE STUFF (TV)**

CH4 age: 11-18

*A series of programmes on a wide variety of topics related to young people's welfare including family, finance, drugs, sexuality and health.***YOU LOOKING AT ME (15 mins)**

TL 0474 Drama about young people in Belfast

**DEALING WITH DRUGS**

TL 0856	Damage limitation	TL 1283	Working with drug addicts
TL 0862	Emergency action	TL 1293	Two drug addicts try to kick the habit
TL 0867	Crime and punishment		
TL 1273	Long term drug use		

**IN SEARCH OF THE TARTAN TURBAN**

TL 1311 Indians in Scotland

**FROM THE TOP**

TN 0030	Nicky Clarke – hairdresser	TN 1124	Fashion designer, Bruce Oldfield
TN 0055	David Lammy – politician	TN 1134	A soap star who became a midwife
TN 0041	Gareth Davies – doctor	TN 1147	Russell Watson charts his rise to fame
TN 0048	Emma Brockes – journalist		
TN 0064	Ruby Hammer – make-up artist	TN 1166	Rosie Arnold, advertising
TN 1115	A profile of comedian Ava Vidal		

**LOSING IT**

TN 0179 Mental health issues

**WITHOUT YOU**

TN 0188 Losing a loved one (25 mins)

**WINNING THE MIND GAME**

TN 0190 Challenging the stigma of mental illness

**GROWING UP GAY (25 mins)**

TN 0202	School's out	TN 0207	Friends and lovers
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## **LIFE STUFF (TV) (Continued)**

### **LOOKING AFTER THE PENNIES (25 mins)**

TL 0388	Money talks	TL 1299	Money matters
TL 0440	Deals on wheels	TL 1309	The financial fortunes of the Penney family
TL 0485	Never, never		

### **WORKING WEEK**

TN 0584	Hair colour technician	TN 0615	Youth worker and DJ tutor
TN 0597	Emergency nurse	TN 0625	Visual merchandiser
TN 0609	Journalist	TN 0914	Events co-ordinator

### **THIS IS TEEN LIFE**

TN 0672	Young give their views (50 mins)		
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### **CONSUMER POWER**

TN 0698	How chocolate is made	TN 0722	Effects of the mobile phone boom
TN 0712	Ethical alternatives to cotton		

### **CITIZEN UK**

TN 0747	16 yr old raises funds for a skate park	TN 0752	A community meeting
		TN 0758	Bradford community project

### **MORE THAN LOVE**

TN 0789	No respect	TN 0809	Finding out
TN 0798	Break up		

### **THE A – Z OF LOVE AND SEX**

TN 0791	A to F – thinking about love and sex	TN 0811	N to Z – mainly about respect
TN 0802	G to K – everything you are afraid to ask		

### **DECISIONS**

TN 0934	Ben's patient: drama about a young carer	TN 0951	Leah's trial: crime drama
TN 0942	Steve's heartache: drama about a romance		

### **THE A-Z OF YOUR HEALTH**

TN 1118	Mental health problems of young people		
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### **THE A-Z OF DRUGS (25 mins)**

TN 1171	From alcohol to Ecstasy	TN 1188	Issues from pills to vomiting
TN 1181	Heroin and nicotine		

### **QUIT**

TO 0134	Living with a hole in the neck after surgery	TO 0168	A graphic reminder of the effects of smoking
TO 0147	A teenager and mum quit smoking	TO 0182	Animation: a dog is subjected to cigarette smoke
TO 0158	A cancer patient tells his story		

**THE LOWDOWN ON GETTING HIGH (TV)**

CH\$ 60mins age: 13-19 2008

*A look at the most common form of drugs that young people will come across, such as cannabis, cocaine, speed and ecstasy, talking frankly about the realities of taking drugs*

TR 0132 Experiences with drugs

**BOOZE: A YOUNG PERSON'S GUIDE (TV)**

CH4 60 mins age: 14-16 2008

Exploring the drinking habits of UK teenagers

TQ 0370 1 programme

**GCS EASE: HEALTH AND SOCIAL CARE (TV)**

CH4 25 mins age: 14-16

*The provision of health and social care for a number of social groups in two local authorities.*

TL 1039	In need of support	TL 1079	Making changes
TL 1056	Meeting needs	TL 1011	Growing up
TL 1069	Stressed out	TL 1096	Dealing with life

**HARDEEP DOES (TV)**

Channel 4 25 mins Age: 14-16

Glaswegian writer and comedian, Hardeep Singh Kohli investigates some of today' issues.

TO 0024	Race
TO 0036	Family
TO 0043	Sex
TO 0048	Religion
TO 0056	Pets
TR 0134	Binge drinking

**LAST RIGHTS (TV)**

CH 4 50mins Age: 11-16

*This political thriller, starring Charles Dance, paints a British political and social landscape that could be only a few years away.*

TO 0193	Programme 1	TO 0210	Programme 3
TO 0204	Programme 2		

**LIFESCHOOL ID CAMPAIGN: DRUGS (TV)**

BBC2 25 mins age: 14-16

*The hard-hitting unit deals with drug misuse and abuse.*

TJ 0481	Innocent party: the experimental user	TJ 0483	That's not me: the problem user
TJ 0482	The family: the recreational user	TJ 0484	Crime and punishment: Shane's story

**LIFESCHOOL: SEX AND RELATIONSHIPS (TV)**

BBC2 30 mins age: 14-16

*Programmes which provide cross-sections of views and experiences of all aspects of sex and relationships.*

TJ 0487	Saying it for the boys	TJ 0489	Getting it together: relationships
TJ 0488	Saying it for the girls	TJ 0490	Drama don't let go

**LIFESCHOOL (TV)**

BBC2 25 mins age: 14-16

*Aims to prepare pupils for life after school – work, play, relationships, housing, consuming, voting and being an active citizen in the ever-changing economic and industrial environment.***HEALTH EDUCATION – FAMILY LIFE**

TM 10631	The family today 1	TM 10849	Listen to me part 1
TM 10703	The family today 2	TM 10922	Listen to me part 2
TM 10766	The family today 3		

**CITIZENSHIP**

TB 1614	Kicks and insults	TB 1774	The law and society
TB 1695	The law in action	TB 1872	You and your rights

**EQUAL OPPORTUNITIES**

TB 1614	Jobs for the boys	TB 2021	Money, breeding or what?
TB 1968	Disability no problem	TB 2042	Body language
TE 2009	E is for ecstasy	TF 1503	S is for sexism
TE 0528	G is for green	TF 1584	T is for television
TE 0604	H is for HIV	TF 1624	U is for underage
TF 0687	I is for information	TF 1660	V is for vivisection
TF 0764	J is for joyriding	TF 1687	W is for work
TF 0885	K is for killing	TF 1752	XYZ is for education, good is for bad?
TF 0962	L is for love		
TF 1041	M is for morals	TF 1820	V is for violence
TF 1119	N is for nuclear	TF 1877	D is for divorce
TF 1275	P is for parenting	TF 1941	L is for lottery
TF 1351	Q is for Queen	TF 2003	G is for gang
TF 1427	R is for racism		

**PEAK PERFORMANCE (TV)**

CH4 20 mins age: 14-16

*In this series Jeremy Guscott and Sally Gunnell address theoretical and scientific aspects of the PE syllabuses in the UK concentrating on improving performance and reducing injury.*

TJ 1762	Body differences	TJ 1875	Fitness and training (and muscular co-ordination)
TJ 1832	Technology		
TJ 1903	Sport and the media	TJ 1946	Sports injuries (how to avoid them)
TJ 1805	Diet (and performance)		

**SPORTSBANK CLIPS (TV)**

BBC2 20 mins age: 14 –16

*A series of programmes using footage from a number of series and targeted at key areas of GCSE physical education and syllabuses. Topics include basic fitness and physiology, and equal opportunities and professional sport.*

TH 2000	Blood, heart and lungs	TH 2003	Bio-mechanics and sports
TH 2001	Diet, nutrition and energy	TH 2004	Analysing performance
TH 2002	Injury and rehabilitation		

**OFF LIMITS (TV)**

CH4 25 mins age: 14-17

*Covers a wide range of contemporary, personal, social and health issues.*

**LOVE TALK**

TG 0011	What are you looking for?	TG 0159	How girls get pregnant and how they don't
TG 0086	Do girls want love and boys want sex	TG 0235	How to have fun and keep healthy
		TG 0311	Boys bite back

**TALKING ABOUT DRUGS**

TG 0217	Society	TG 0369	Messages
TG 0293	Science		

**TELL ME ABOUT IT!**

TG 0389	Number one fan	TG 0615	It's all my fault
TG 0464	What do you look like?	TG 0692	Too much, too young?
TG 0539	Heavenly bodies		

**TALKING ABOUT SEX**

TG 1271	Bodies – a user's guide	TG 1505	Health sex
TG 1349	First love	TG 1582	Who do you think you are?
TG 1427	Baby love		

**SCHOOL STORIES**

TG 1666	The big production	TG 1904	The US exchange 1
TG 1791	Refugee voices	TG 1992	The US exchange 2

**CONCRETE GARDEN**

TG 2067 1 programme

**TALKING ABOUT JUSTICE**

TH 0048	The street	TH 0158	All work, no play
TH 0102	Family life		

**TALKING ABOUT VIOLENCE**

TI 0233	On screen	TI 0311	For real
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**BORROW A BABY**

TN 0209 Three teenagers are given a real baby to look after

**THE CHANNEL 4 EXAM KIT**

TI 0490	Revision time	TI 0562	Exam time
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**OFF LIMITS (TV)(Continued)**

**STRONG LANGUAGE**

TI 1648 1 programme

**LOOKING AFTER THE PENNIES**

TJ 0974 A fool and his money

TJ 1115 Never, never

TJ 1045 Deals on wheels

**PARENTS' STORIES**

TK 0072 Birth

TK 0193 Forever

TK 0134 Toddlers and young children

**GROWING UP GAY**

TK 0254 School's out

TK 0324 Friends and lovers

**EMBARRASSING ILLNESSES**

TK 0364 Testicular cancer

TK 0562 Periods

TK 0416 Sexual health

TK 0644 Bowels

TK 0480 Skin

**IN MY EXPERIENCE**

TK 0777 Just friends

TK 0905 Pressure

TK 0839 First date

**HUMAN RIGHTS**

TK 1129 Part 1

TK 1188 Part 2

**GET WORKING**

TK 1245 Round the clock

TK 1302 Your rights and wrongs at work

**A LIFE OF ECSTASY?**

TN 0178 Teenager killed by ecstasy: drama

TN 0198 Experiences of ecstasy:  
documentary

**FACTS FOR LIFE (TV)**

CH4 20 mins age: 14-19

*Four programmes on infectious diseases.*

**THE INVADERS**

TM 9004 Bacteria, viruses and the immune  
system

TM 9122 The spread of AIDS

TM 9203 The treatment and prevention of  
AIDS

TM 9073 Infection and the isolation of  
disease

**A – Z OF YOUR HEAD (TV)**

CH4 50 mins Age: 14-16

*Personal stories from young people with a variety of mental health problems.*

TO 0208 1 programme

**PLAY IT SAFE (TV)**

BBC2 10 mins age:11-19

*Each programme features a personal testimony from parents whose children have been involved in accidents, with reconstructions from the child's point of view.*

TA 0056	It only takes a minute	TA 0354	Pedestrian accidents
TA 0129	Household scalds and burns	TA 0427	Cycle accidents
TA 0204	House fires	TA 0512	Water safety
TA 0278	Poisoning and choking	TA 0589	Safe play

**RACE: DIVISION OR DIVERSITY (TV)**

CH4 30 mins age : 14-16

TP 0038 A new home in a different country

**THINKING SKILLS (TV)**

BBC2 10 mins age: 14-16

TP 0405	Think about it	TP 0471	Property
TP 0427	Mystery	TP 0493	Pets
TP 0451	Disaster	TP 0516	Hiding places

**EMOTIONAL LITERACY (TV)**

BBC2 10 mins age: 14-16

TP 0241	Coping with anger	TP 0339	Tough crew
TP 0275	Managing conflict	TP 0368	Hard to be good
TP 0305	Working together	TP 0384	Fool and the gang

**CITIZENSHIP: AROUND SCOTLAND (TV)**

BBC2 20 mins age : 14-16

TP 0021	Election Day	TP 0273	At work in Germany
TP 0047	Election day	TP 0303	On the move in Germany
TP 0239	At work in Germany		

**THE CUTTING CLUB (TV)**

CH4 50 mins age: 14-19

*Teenagers and self-harm*

TO 0292 1 programme

**THE BIG DRUGS DEBATE (TV)**

CH4 50 mins age: 14-19 2008

*Live debate about drugs*

TP 0269 Discussion on Addiction

**GOING COLD TURKEY (TV)**

CH4 50 mins age: 14-19

TP 0074 Heroin Detox

**GIVING UP THE WEED (TV)**

CH4 50 mins age : 14-19

TP 0037 Stopping Marijuana

**LIFEPROOF TV (TV)**

CH4 30mins age: 16-19 2008

*10 part series in which teenagers seek advice from their peers concerning issues about relationships and sexuality.*

TR 0231	Relationship issues	TR 0267	Unsure of his sexuality
TR 0239	Contraception	TR 0275	Developing a relationship
TR 0247	Teenage parents	TR 0283	Love options
TR 0250	Teenage couple	TR 0287	Living separate lives
TR 0259	Cerebral palsy	TR 0295	Long distance relationship

**MY BIG GAY PROM (TV)**

CH4 55mins age: 14-19 2008

*Two-part series where five teenagers attempt to start the UK's first gay prom. The teenagers need to raise thousands of pounds in sponsorship and only have six weeks to organise the event.*

TR 0316	UK's first gay prom	TR 0319	A night to remember
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**YEAR DOT (TV)**

CH4 30mins age: 14-19 2008/09

*A group of 16-20 year olds embark on a year which they believe is crucial for shaping what they want to do with their lives.*

## Series 1

TR 0405	Entrepreneurs	TR 0439	Getting into journalism
TR 0413	Stardom	TR 0446	Parliamentary candidate
TR 0420	Representing your country	TR 0451	Disability
TR 0425	Careers in football and ballet	TR 0456	Creative writing
TR 0431	A 19 year old father	TR 0461	Assessing the project

## Series 2

TR 0466	Parliamentary candidate	TR 0480	Asperger's syndrome
TR 0468	Stand-up comedian	TR 0488	Update on a wrestler
TR 0470	A girl who plays football	TR 0493	A 19 year old father of two
TR 0472	A 16 year old girl	TR 0498	Ambitious dancers
TR 0475	A performance poet	TR 0505	A get together

**ABORTION: THE CHOICE (TV)**

BBC2 60 mins age: general output

*Five women describe their thought process as they make their decision to have an abortion.*

TV 10655 1 programme

**AGED 12 AND LOOKING AFTER THE FAMILY (TV)**

CH4 60 mins age: general output

*Documentary following two families where the main carers are children.*

TV 10370 1 Programme

**ASPERGER'S SYNDROME (TV)**

BBC2 30mins age: general output

*The learning difficulties experienced by children with this form of autism*

TV 10015 1 programme

**THE ATKINS DIET: FAT OR FICTION (TV)**

CH4 60mins age: general output

*Opposing views on the Atkins diet.*

TV 9842 1 programme

**BINGERS:BATTLING BULIMIA (TV)**

BBC2 60 mins age: general output

*A mother and daughter who resort to an experimental drug to control Bulimia.*

TV 10195 1 Programme

**BODYSHOCK :THE WORLD'S BIGGEST BOY (TV)**

CH4 60 mins age: general output

*A seven year old Russian boy weighs 16 stone. Dr Ian Campbell, an expert in obesity travels to Russia to see if he can help the boy.*

TV 10371 1 Programme

**BORN TO BE DIFFERENT (TV)**

CH4 60 mins age: general output

*A documentary series following a group of disabled children from birth until seven years old.*

TV 10664 Part 1

TV 10665 Part 2

**BRITAIN'S YOUNGEST BOOZERS (TV)**

ITV 90 mins age: general output

*Alcohol dependency and its effect on seven young people.*

TV 10184 1 Programme

**BULLY (TV)**

BBC2 60 mins age: general output

*Four programmes about the effects of bullying at school, at work and towards army recruits.*

TV 4254	Sticks and stones	TV 4262	An occupational hazard
TV 4255	I just want it to stop	TV 4287	Something about a uniform

**CHILDREN BEHAVING BADLY: FOOD FIGHTS (TV)**

CH4 30 mins age: general output

*Combating children's choice of a dangerously restricted diet.*

TV 9175 1 programme

**CITIZEN'S ARREST: ANOREXIA NERVOSA – CASE STUDY (TV)**

CH4 60 mins age: general output

*The personal history of a young woman whose body weight fell to under 5 stone and whose doctor and family conflicted over her being forced-fed. She died in January 1996 six months after being admitted to hospital.*

TV 4200 1 programme

**CUTTING EDGE (TV)**

CH4 60 mins age: general output

*The series tackles cutting edge solutions to modern problems.*

TV 10659	A boy called Alex – cystic fibrosis	TV 10741	Love, life and death in a day – June 2008
TV 10661	Cotton wool kids		

**DISPATCHES (TV)**

CH4 60mins age: general output

*Series investigating the topics affecting our society today.*

TV 10090	MMR and autism	TV 10662	Why kids kill
TV 10186	Causes of dyslexia	TV 10663	Abortion: what we need to know
TV 10660	Children left behind: comprehensive schools	TV 10667	It shouldn't happen to a Muslim

**DO THEY TAKE SUGAR? – DISABLED PEOPLE (TV)**

RTE 30 mins age: general output

*The attempts by people with a range of disabilities to live normal lives.*

TV 9317 1 programme

**DRUNK AND DANGEROUS: ALCOHOL ABUSE (TV)**

BBC1 60 mins age: general output

*Saturday nights and the culture of binge drinking*

TV 9913 1 programme

**DON'T DIE YOUNG (TV)**

BBC2 30 mins age: general output

*How lifestyle can affect our health*

TV 10274 Kidneys

TV 10277 Eyes

TV 10275 Lungs: how smoking damages  
lungs

TV 10278 Skin

TV 10279 Brain

TV 10276 Heart

**GCSE BITESIZE REVISION: PHYSICAL EDUCATION (TV)**

BBC2 120 mins age: general output

*Written exam topics, coursework with examples from a variety of sports, anatomy, physiology, health related analysis and performance analysis.*

TV 8712 1 programme

**HELP! I'M A TEEN MOTHER**

ITV 30mins age: general output

*Six teenage mothers take part in an intensive parenting course to learn childcare basics*

TV 10420 1 programme

**HOOKED (TV)**

ITV 30 mins age: general output

A series of programmes investigating drug abuse of all kinds including alcohol.

TV 0353 Facts and fantasy

TV 0415 People and profits

TV 0368 Addiction

TV 0433 Facing the future

TV 0390 Crime and punishment

TV 5445 Drink

TV 0405 Cults and cultures

TV 5461 Drugs

**HORIZON: VITAMINS (TV)**

BBC2 50mins age: general output

*Are vitamin supplements of use to people?*

TV 10042 1 programme

**HORIZON (TV)**

BBC2 60 mins age: general output

*Research into the proposed link between MMR and Autism.*

TV 10181 Does the MMR jab cause Autism ?

**HORIZON (TV)**

BBC2 60 mins age: general output 2008

*A look at the increase in allergies in the UK*

TV 10742 Allergy Planet

**HORIZON (TV)**

BBC2 90 mins age: general output

*The misunderstandings about Attention Deficit Hyperactivity Disorder.*

TV 10188 ADHD

**THE HUMAN BODY (TV)**

BBC1 50 mins age: general output

*Professor Robert Winston describes the development and evolution of the human body over time and within a lifetime. Programmes include reproduction, birth and infancy as well as the process of adult development.*TV 5194 An everyday miracle –  
reproduction

TV 5250 Raging teen – puberty

TV 5251 Brain power - intelligence

TV 5249 First steps – infant mobility

TV 5264 As time goes by – old age

**THE HUMAN FOOTPRINT (TV)**

CH4 95 mins age: general output

*Follows our life journey from cradle to grave, and shows how much each of us eats, drinks, uses and consumes, over a lifetime*

TV 10423 1 programme

**THE HUMAN MIND (TV)**

BBC1 60mins age: general output

*3 programmes on how parents may affect the personality of their children, how our mind helps us to communicate with others and how we can improve our memory and creativity.*

TV 09786A Personality

TV 09787 Get smart

TV 09786B Making friends

**INSIGHT (TV)**

BBC1 30 mins age: general output

*Investigating personal issues at a local level.*TV 10653 Web of death: Ireland's first  
online suicide siteTV 10658 Northern Ireland's gay  
community**KEVIN WHATELY ON DEMENTIA (TV)**

ITV 30mins age: general output 2009

*The actor discusses his mother's struggle with Alzheimer's disease.*

TV 10740 1 programme

**LOST IN THE MOMENT (TV)**

BBC1 40 mins age: general output

*A film documentary of a year in the life of four young friends coming to terms with cancer.*

TV 10656 1 programme

### **LEARNING ZONE (TV)**

BBC2 120 mins age: general output

*A compilation of programmes in 6-8 parts on aspects of caring, the family and related topics.*

TV 3210	Disability – portrayal	TV 4520	Living and working in Europe
TV 3168	Women on TV – images	TV 4549	Psychology (child and adult)
TV 3179	Childcare and development (play, gender, language discipline)	TV 4560	Child safety and first aid
TV 3180	Changing families (family groupings in British society)	TV 4580	Changing roles of women and men in Britain
TV 3183	Ageing (issues and concerns about growing old)	TV 4586	Talking to children about sex and sexuality
TV 3507	Health and social care	TV 4988	Personal effectiveness
TV 3818	Health and safety at work (hazards, first aid, hygiene, stress)	TV 5465	Working with others
TV 4388	Mental health and community care	TV 5568	Working in care of older people

### **MAKING SENSE OF HEALTH (TV)**

BBC2 240 mins age: general output

*Advice for young people on good health.*

TV 10180 1 Programme

### **ONE LIFE (TV)**

BBC1 40 mins age: general output

*The introduction of the American Son-Life Autism programme into Britain and its application to one boy.*

TV 10218 Autism

### **PANORAMA: STD's (TV)**

BBC1 55 mins age: general output

*The dangers posed by young people with sexually transmitted disease.*

TV 10216 Std

### **PANORAMA: POSTCODE POVERTY (TV)**

BBC1 40 mins age: general output

*What is the government doing about reducing the poverty found in certain areas.*

TV 10217 Postcode Poverty

### **PANORAMA: YOUNG GUNMEN (TV)**

BBC1 30 mins age: general output

*The rise of armed teenage street gangs.*

TV 10652 Young gunmen

**PARENTING (TV)**

BBC2 120 mins age: general output

*Four programmes on the aspects of child rearing and development that deals with babies up to 12 months through to adolescence.*

TV 7034 Reaching one year – recognising stages of development

TV 7035 Child development – identity, language and social skills development in young children

TV 7038 The troublesome teens 1 – real-life examples of how families deal with the adolescent years

TV 7039 The troublesome teens 2 – a studio audience on unacceptable behaviour

**THE PARKINSON'S ENIGMA: PARKINSON'S DISEASE (TV)**

RTE 60 mins age: general output

*The degenerative disease which results in loss of muscular control.*

TV 9958 1 programme

**PRIME TIME: ALCOHOL ABUSE IN IRELAND (TV)**

RTE 60 mins age: general output

*How alcohol results in violence and costs millions of pounds to remedy.*

TV 9305 1 programme

**PRIME TIME: DRUGS IN SPORT (TV)**

RTE 60 mins age: general output

*Drugs, contaminated food, and genetic doping in sport.*

TV 10026 1 programme

**PRIMETIME INVESTIGATES: CYBER BULLYING (TV)**

RTE 65 mins age: general output

*Teenage bullying in Ireland and the growing threat of 'cyber bullying'*

TV 10657 1 programme

**REAL STORY WITH FIONA BRUCE (TV)**

BBC1 30 mins age: general output

*Nurses in a hospital in Chester try to quit smoking in advance of the July 1<sup>st</sup> ban on smoking in public places.*

TV 10368 Don't carry on nurse

**SPOTLIGHT (TV)**

BBC1 30 mins age: general output

*The effects of anorexia and bulimia on young people in Northern Ireland.*

TV 4550 Feast or famine – eating disorders

**SUFFERING IN SILENCE: STAMMERING (TV)**

UTV 30mins age: general output

*How people with stammering problems overcome their difficulties.*

TV 10120 1 programme

**TERRY PRATCHETT: LIVING WITH ALZHEIMER'S (TV)**

BBC2 60mins age: general output 2009

*The best selling author talks frankly about how he has coped with his diagnosis, and explores various treatments around the world.*

TV 10746 Part 1

TV 10747 Part 2

**TONIGHT: FOR THE LOVE OF SOPHIE (TV)**

CH5 30 mins age: general output

*One mother's mission to stop teen violence, including a look at whether European solutions could be used to reduce Britain's teen crime levels.*

TV 10654 For the love of Sophie

**TOO FAT TOO YOUNG: OBESITY IN CHILDREN (TV)**

BBC1 60 mins age: general output

*One in five children is overweight. Three are shown undergoing weight reduction treatments.*

TV 9167 1 programme

**TOURETTES (TV)**

BBC1 60mins age: general output 2009

*Comparing the lives of two people with Tourettes – John Davidson who was filmed in 1988 and 2002, and Greg Storey who was filmed with John in 2002.*

TV 10743 I swear I can't help it

**THE TROUBLE WITH WORKING WOMEN (TV)**

BBC2 60mins age: general output 2009

*Why are the UK's top jobs held predominantly by men, and why, 40 years after the Equal Pay Act, does a wage gap still exist?*

TV 10748 Top jobs for men

TV 10749 Wage gap

**THE TRUTH ABOUT SUPER SKINNY PREGNANCIES (TV)**

ITV 60mins age: general output 2009

*Louise Rednapp examines the pressures on women to achieve physical perfection after pregnancy.*

TV 10745 1 programme

**THE TRUTH ABOUT FOOD (TV)**

BBC2 30 mins age: general output

*How eating properly can be beneficial to one's health*

- TV 10280 Volunteers follow a gorilla's diet of raw fruit and vegetables as an experiment  
TV 10283 How to stay young and beautiful: Lisa Tarbuck looks at the benefits of spinach, tomatoes, and water  
TV 10281 How to feed your kids: Ian Ravens explores how to widen children's culinary tastes, and explodes the myth about what youngsters should and should not eat  
TV 10282 Eating to become , and stay slim  
TV 10284 Athlete Colin Jackson tries a vegetarian diet, tests the effects of omega 3 rich oily fish on taxi drivers, and finds out if Montana fire-fighters are more energized by constant snacking or the traditional 3 meals a day

**WATCHDOG: THE BIG DINNER (TV)**

BBC1 25 mins age: general output

*Magazine programmes which include items on GM foods and on students' diets.*

- TV 5209 Genetically modified food TV 5347 Students and fast food

**WATCHDOG HEALTH CHECK (TV)**

BBC1 30 mins age: general output

*A magazine series on aspects of health.*

- TV 5732 Teenage girls – anaemia TV 8264 Secrets of a long life  
TV 8202 Obesity

**WHISTLEBLOWER (TV)**

BBC1 60mins age: general output

*Reporters go undercover to investigate the health and safety of food in some of Britain's supermarkets*

- TV 10422 1 programme

**A WORLD OF PAIN (TV)**

BBC2 60mins age: general output 2009

*Incidents of self-harm are spiralling at an alarming rate with an estimated two teenagers in every classroom suffering from depression or anxiety. Why is it happening and what can be done about it?*

- TV 10744 Meera Syal on self harm

## ***PSHE***

### ***Radio***

#### **SCOTTISH RESOURCES: 10-12 (RADIO)**

BBC 20mins age: 10-12

*Key features of history, environmental studies and English language at level D.*

#### **CITIZENSHIP**

RI 0443 Representation

RI 0445 Conversation

RI 0444 The elderly

#### **RELATIONSHIPS**

RM 0193 Living in a box

RM 0194 Should I stay or should I go