

## **HOME ECONOMICS**

**NOTE:** *This subject area is a new addition to the catalogue and the programme list will be added to in the coming years.*

### **MAKING SENSE OF HEALTH (TV)**

BBC2 20 mins age: 11-14

*Examines how nutrition and exercise affects one's health.*

TP 0246 Teeth and eating (15 mins)

TP 0278 Human Machine (20 mins)

### **TAKE AWAY MY TAKEAWAY (TV)**

CH4 25mins age: 11-19 2008

*A 10-part series in which teenagers are taken to the country where their favourite takeaway originates.*

TR 0196 Pizza fanatics

TR 0230 Texas and hamburgers

TR 0204 Doner kebab

TR 0238 Fish and chips in Iceland

TR 0212 Indian food

TR 0246 Fishing for squid

TR 0216 Curry in Kerala

TR 0250 Industrial farm

TR 0226 China

TR 0258 Favourite moments

### **DISPATCHES: SANDWICHES UNWRAPPED (TV)**

CH4 60 mins age: general output

*Alex Thompson investigates the British sandwich industry.*

TV 10646 I programme

### **DISPATCHES: THE TRUTH ABOUT YOUR FOOD (TV)**

CH4 60 mins age: general output

*In a move away from fast foods consumers in Britain are turning to premium ready meals and foods that claim to be healthier. However are consumers being told the truth about the food they eat?*

TV 10644 Part 1

TV 10645 Part 2

### **EVER WONDERED ABOUT FOOD? (TV)**

BBC1 30mins age: general

*Chef Paul Merrell investigates the properties of various foods.*

TV 10389 Chillies and peppers

TV 10392 The banana

TV 10390 Honey and marinated pork

TV 10393 Milk

TV 10391 The history of tea

### **HORIZON (TV)**

BBC2 60mins age: general output 2009

*David Baddiel looks at the latest research on how parents can best educate their children*

TV 10732 Who do you want your child to be?

**TONIGHT: POISON ON YOUR PLATE (TV)**

ITV 30mins age: general output 24.9.07

*A look at a deadly new superbug linked to the food we eat.*

TV 10643 1 programme

**THE TRUE COST OF CHEAP FOOD (TV)**

CH4 60mins age: general output 2009

*Jay Rayner examines why low cost means low quality and uncovers some of the tricks used by retailers to make cheap products look more attractive.*

TV 10733 1 programme